

Role of Chronic Disease Self-Management Programs (CDSMP) in Health Home Model:

- National Committee for Quality Assurance (NCQA) Recognition Standards reinforce the critical role of patient self-management
- Self-Management is part of the following South Dakota Medicaid Health Home Core Services:
 - o Health Promotion
 - o Referrals to Community and Social Support Services

Reimbursement for CDSMP through Health Behavior Assessment & Intervention (HBAI):

- Coverage
 - o Covered benefit under Medicare Part B program and South Dakota Medicaid
- Purpose
 - o Service intended to identify and address the psychological, behavioral, emotional, cognitive, and social factors important to treatment and management of physical health problems.
 - o HBAI is expected to support the consumer in building the skills necessary to overcome the non-mental health perceived barriers to self-management of chronic disease(s).
- Codes
 - o 96150 – Initial HBAI Assessment to determine participant’s barriers and limitations for disease self-management
 - o 96152 – Additional one-on-one time conducted with a participant to address barriers
 - o 96153 – Participation in group sessions
- 2016 Rates
 - o 96150 – Rate \$21.84/unit – 4 units – Total \$87.36
 - o 96153 – Rate \$4.65/unit – 60 units – Total \$279.00
 - o TOTAL - \$366.46
- Limits
 - o Services are billed in 15-minute unit increments
 - o The initial HBAI Assessment would be expected to be completed in 1 hour = 4 units
 - o Time billed using codes 96152 and 96153 accumulate toward a 15-hour calendar year threshold limit, per beneficiary.
- Eligibility
 - o Consumer must have an underlying physical illness or injury
 - o Must be non-psychiatric factors impacting person’s ability to manage chronic disease
 - o Consumer must have a referral from a healthcare provider
 - Physician, Nurse Practitioner, Physician Assistant, Clinical Psychologist

Vicki Palmreuter, Master Trainer Outreach Ambassador – Health Systems
Better Choices, Better Health® SD
| 605.721.0769 or 303.521.7934 | vpalmreuter@gmail.com |